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Case study one: Vignette

Name: Raj Patel

Gender: Male

Age: 54

Ethnicity: British Asian (India)

Religion: Hindu

Disability: Early onset dementia

First language: English and Hindi

Family: Wife – Marie, White British, 54;
children Maya 21 at university, Jay 17 doing
A levels; Rav (Ravi) 15 at school

Location: Northern city

Raj and Marie live in an ex-council house in a Northern city. Raj works for the council in IT. For the last few years, Raj has been struggling with his job. He has had periods of sick leave and has been treated for depression. A few weeks ago he was diagnosed with early onset dementia. His GP has told him that there is no treatment and has referred him to social services and put him in touch with a voluntary organisation that supports people in his situation.

Raj is worried that he may need to stop work. Marie works part time and they need the income for their children to go to university. Raj likes to cycle and he is worried he may have to give this up along with driving. Recently Raj and Marie have been finding it difficult to communicate and to support each other. The diagnosis has made things a lot clearer but they have no real idea what will happen now.

You go out to do an assessment for Raj to identify how to maintain his and his family's wellbeing, and to look at preventative support.