## Case study two: Vignette

Name: Robert (Bob) Woodgate

**Gender:** Male

**Age:** 87

Ethnicity: White British

**Religion:** C of E

**Disability:** Alzheimer's; hearing impairment;

arthritis

First language: English Family: extended family

**Location:** East Midlands town

Name: Edith Woodgate

**Gender:** Female

**Age:** 82

**Ethnicity:** White British

Religion: C of E

Disability: Vascular dementia; visual

impairment; angina; diabetes

First language: English Family: extended family

**Location:** East Midlands town

#### **Extended family:**

Daughter – Cathy, 64, works as a manager in a high street shop, lives 80 miles away; married to Dave; son Daniel 38, married to Rachel with 2 children Archie 5 and Hope 3

Son – Gary 59, works in a distribution centre in the same town as his parents, partner is Mark, no children

Daughter – Louise, would have been 62, died aged 46 of breast cancer, leaving a husband Keith aged 58, a retired police officer in a nearby town, who has married again to Sue; Louise and Keith had a daughter Lucy who is 36 and unmarried; Keith and Sue have a son Eric 30 and a daughter Christine 28

Bob and Edith have been married for 65 years. They live in a small bungalow that they moved to 3 years ago in the town that they have lived in since they got married. Bob and Edith have been retired for a long while. They enjoy spending time in the garden and go to the local pub quiz. Bob and Edith see their son and his partner most weeks. Gary does the heavy shopping for them. Cathy visits every month or so. Their middle child, Louise, died of breast cancer at the age of 46.

The grandchildren also visit every few months, along with the two great grandchildren.

Bob was diagnosed with Alzheimer's disease 6 years ago and this has gradually affected his memory and ability to do daily tasks. For the last year he has relied on Edith to remind him and prompt him for everything. He doesn't sleep well and has started to forget who Edith is. Bob has been attending the memory clinic and also a group called singing for the brain. Bob has arthritis and uses a stick when he remembers to. He is in quite a lot of pain which he doesn't understand. He also has a hearing aid. Edith was diagnosed with vascular dementia a few months ago when Gary became concerned about her mixing up household tasks, for example putting shopping in the oven. Edith has glaucoma which is treated with eye drops daily. She also takes medication for angina and diabetes. Recently she has forgotten to do this some days.

Gary has rung social services and asked for an assessment for his parents. He is worried about their ability to look after each other, and is upset that Bob has recently been asking when Louise (their deceased daughter) is going to visit and this has been upsetting Edith.

You go out to do an assessment of Bob and Edith. Bob has a needs assessment.

### Case study two: Assessment

#### **About you**

Name: Robert (Bob) Woodgate

Gender: Male

Age: 87

Ethnicity: White British

Religion: C of E

Disability: Alzheimer's; hearing impairment; arthritis

First language: English

Family: extended family

Location: East Midlands town

#### Extended family:

Daughter - Cathy, 64, works as a manager in a high street shop, lives 80 miles away; married to Dave; son Daniel 38, married to Rachel with 2 children Archie 5 and Hope 3

Son – Gary 59, works in a distribution centre in the same town as his parents, partner is Mark, no children Daughter – Louise, would have been 62, died aged 46 of breast cancer, leaving a husband Keith aged 58, a retired police officer in a nearby town, who has married again to Sue; Louise and Keith had a daughter Lucy who is 36 and unmarried; Keith and Sue have a son Eric 30 and a daughter Christine 28

This assessment was done at the same time as an assessment with Bob's wife, Edith.

A lot of the information came from Edith. Bob was able to tell me and show me some of the things that are important to him.

## Case study two: Assessment continued

#### What's important to you?

I spent some time with Bob and he showed me the garden. He likes to spend time there when it is fine and to sit at the window watching the birds on rainy days. Bob and Edith told me that he has always done the heavy work in the garden and that he enjoys keeping things in order.

Bob said that he likes to listen to the radio. He mostly listens to radio 3. Bob also likes to watch the grand prix and cricket.

Bob showed me photographs of his children, grandchildren and great-grandchildren. Edith explained that their son Gary and his partner Mark live nearby and they visit most weeks. And that they see their daughter Cathy every month, and the grandchildren and great-grandchildren every few months. Edith also explained that their younger daughter Louise died sixteen years ago. Bob evidently thinks Louise is still alive because he asked Edith when Louise was going to visit. Edith said that Bob sometimes doesn't recognise her or other members of the family.

#### What's happening for you at the moment?

Bob said that he looks after himself and helps Edith around the house and in the garden. Edith explained that Bob has had Alzheimer's for six years and for the last year Edith has needed to remind him about what he needs to do and when, and prompt him when he forgets again.

I noticed that the electric mower was out in the garden in the rain. Edith said that she is worried that she can't see if things aren't clean and put away. Edith has just been diagnosed with vascular dementia and also has glaucoma, diabetes and angina. Her son Gary told her recently that she had put the shopping in the oven instead of the fridge, and he noticed her using a pan that hadn't been washed.

Edith explained that Bob needs a lot of attention. He gets up in the middle of the night and Edith has to try to get him back to bed when he thinks it's breakfast time. Edith has to watch him all the time. Bob also tends to follow Edith around the house.

Bob said that his leg hurts. Edith told me that Bob has quite a lot of pain from arthritis and Edith doesn't know what to do about this.

Edith and Bob used to go out including to the pub quiz. Edith said that recently Bob has shouted and sworn at the quiz master and so they haven't been since. Bob does go to memory group and singing for the brain every week. Bob said he likes to sing.

## Case study two: Assessment continued

#### What is the impact on you at the moment?

Bob said that he is worried about not being able to get the ladder out to prune the trees. Also that Edith was getting older and needed some help.

Edith explained that the things she is worried about are: Bob getting up in the night; who would get help if she had a mini stroke; how long she will be able to support Bob and keep things going in the house.

#### What would you like to happen in the furture?

Bob was not able to tell me what he would like to happen in the future. He wants to keep doing his jobs in the garden, seeing his family and spending time with Edith.

#### How might we achieve this?

Bob said that Gary and his friend (Mark) could help with the ladder. (Gary agreed that that would be fine).

Bob said that Edith could do with some help in the house and with the cooking.

#### What stengths and support networks do you have to help you?

Edith and Bob have been married for 65 years. Edith supports Bob every day. Their son Gary and his partner, and daughter Cathy also provide support.

Bob and Edith made the decision to move to their bungalow three years ago and this continues to help them to manage.

Bob has good support from memory clinic and singing for the brain, which in turn helps Edith.

The children have good friends. We are a close family and we always talk about things so that should help.

Our friends will probably want to help once we have worked out how to tell them about this. We have good neighbours and know quite a lot of people in the community so we can think about letting them know in the future. I think they would also want to help if we needed it.

## Case study two: Assessment continued

#### Social care assessor conclusion

Bob needs support to manage day to day tasks. This is currently provided by Edith, who in turn needs support to continue as a carer and because she has needs of her own.

With some support from the local authority and other services, as well as from their family, Bob and Edith will be able to manage well at home. This is set out in the care and support plan for Bob, which should be read alongside the plan for Edith. We will review the care and support plans in six months. Edith's family will help her to contact us if things change before then.

#### **Eligibility decision**

Bob is eligible for care and support. At the moment, the support is provided by his family, especially his wife Edith.

#### What's happening next?

See care and support plan for Bob.

We have also done an assessment for Edith, and she has a care and support plan.

We have offered a carer's assessment to Gary and he will consider this.

# Name...... Role..... Organisation...

## Case study two: Ecogram

