

Care and support plan

Name: Joan O'Leary

Gender: Female

Age: 76

Ethnicity: White Irish

Religion: Catholic

Disability: dementia with Lewy Bodies

First language: English

Needs	Outcomes	Actions
To be able to go to mass	You are able to be part of the parish community and receive communion	Father Philip will ask a parishioner to give you a lift to church if you aren't able to go on the bus
For the animals to be looked after	Animals are well cared for and remain with you at home	You will make an advert with Margaret to put in the café window for someone to help with cleaning the chickens every week and to walk the dogs when you need it
To be able to put the rubbish out	The house remains clean and tidy	See above – advert will also ask for help putting the rubbish out every week (in future you may want to have additional help with cleaning the house)
To manage your illness	You remain as well as possible	You will talk to your GP about any medical support that might be available now, for example memory clinic and help with sleeping

# research in practice *for adults*

Needs	Outcomes	Actions
To plan ahead and be able to get the right help in the future if you need it	You are able to remain at home and remain in control of what happens to you in future, even if you are not able to make a decision yourself	I will share this assessment with Margaret and your GP so that if you are not well enough to ask for advice or assistance in the future, they can ring the council You will discuss a lasting power of attorney for finances, and health and care for Margaret You will do an advanced care plan with your GP

## Review

This plan will be reviewed if you have a further assessment.