

Care and support plan

Name: Raj Patel

Gender: Male

Age: 54

Ethnicity: British Asian (India)

Religion: Hindu

Disability: Early onset dementia

First language: English and Hindi

Needs	Outcomes	Actions
Information about my illness and what this might mean for me	I feel less anxious about what might happen	I will go to the young onset dementia support group on a Wednesday evening Marie and I will go back to the GP and follow up on the referral to a consultant
Someone to talk to	I know what I am able to do and not do, and how to get on with my life	I will see if the group forum and peer support group suits me
Marie and the children to have support if they want it	We are able to spend time as a family without it being dominated by me being ill	Marie will come to the group with me on Wednesday and attend the family peer support group Marie and I have agreed that she will talk to the children individually about what would be helpful for them so they can talk freely without worrying about upsetting me

Needs	Outcomes	Actions
To know how to talk to my friends about my illness	I feel confident about what to say to my friends	I will ask the peer support group for ideas and will write something down Marie and I will have our close friends round for drinks and will tell them together
Some financial advice	We have enough money if I have to give up work and I am reassured that my family will be ok financially	I will talk to the council one stop and get details for a financial advisor I will ask my union rep to attend my wellbeing appointment at work with me
To know about options for support in the future and to plan ahead	I stay in control of what happens to me and it isn't all left to Marie	I will talk to the consultant about what is likely to happen with my illness Marie and I will go through the information about care and support from the local authority that you gave me, so we know what support would be available in future Marie and I already have lasting powers of attorney for finance and have done a Will; I will do an advanced care plan and think about a lasting power of attorney for health and care

Review

This plan will be reviewed when Raj has a further assessment.